



Month: February Week: 2 Subject: Approaches to Play & Learning

Day 1	Topic(s) Theme: Happy Healthy Me! Number: 5 Letter: Hh Color: Pink Shape: Star	Foundation(s) APL1.2: Demonstrate interest and curiosity as a learner. APL4.1: Demonstrate development of social interactions during play.
Indicators	Younger Toddlers	Older Toddlers
	Pretend to feed or care for baby dolls with teacher guidance.	Engage in role-playing caregiving tasks (feeding, covering with a blanket).
Activities: The teacher will introduce baby dolls and soft blankets , encouraging children to pretend to take care of them by feeding, rocking, and covering them up. The teacher will model kindness by saying, "Let's take care of our baby! Can you feed the baby a bottle?" Older toddlers will engage in more detailed dramatic play , such as tucking in the baby, pretending to read to them, or patting their back .		
Resources/Materials • Baby dolls • Soft blankets • Toy bottles and small play cradles	Key Vocabulary: Baby, Care, Gentle, Love, Hug	Support:



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Day 2	Topic(s)	Foundation(s)
	Theme: Happy Healthy Me! Number: 5 Letter: Hh Color: Pink Shape: Star	APL1.1: Demonstrate initiative and self-direction. APL4.1: Demonstrate development of social interactions during play.
Indicators	Younger Toddlers	Older Toddlers
	Observe and point to picture cards showing self-care actions.	Identify and describe different self-care routines and act them out.
Activities: The teacher will lead a discussion on self-care, asking questions like, “How do we take care of ourselves?” and “What do we do to stay healthy?” Younger toddlers will listen and point to picture cards of self-care routines (e.g., brushing teeth, washing hands, eating healthy food, resting), while older toddlers will try to name the actions and talk about what they do at home. The teacher will encourage children to act out simple self-care routines such as pretending to brush their teeth or wash their hands. The class will also talk about why taking care of themselves keeps them happy and strong.		
Resources/Materials	Key Vocabulary:	Support:
Picture cards showing self-care tasks (e.g., brushing teeth, handwashing, eating, sleeping)	Brush, Wash, Clean, Healthy, Rest	

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Toddler Curriculum

Day 3	Topic(s)	Foundation(s)
	Theme: Happy Healthy Me! Number: 5 Letter: Hh Color: Pink Shape: Star	APL3.1: Demonstrate development of sustained attention and persistence. APL4.1: Demonstrate development of social interactions during play.
Indicators	Younger Toddlers	Older Toddlers
	Engage in simple pretend play scenarios.	Act out care-related role-play scenes (doctor, chef, family helper).
Activities: The teacher will set up a dramatic play area with doctor kits, aprons, and pretend food to allow toddlers to role-play different caregiving roles. Some children may choose to pretend to be a doctor checking on a sick friend, while others may cook a pretend meal or help clean up like a grown-up. The teacher will guide them by saying, "You are the doctor! What do you say when you check a patient?" or "Let's cook a yummy meal to make our friend feel better!"		
Resources/Materials	Key Vocabulary:	Support:
• Play doctor kits • Play kitchen and food sets • Small brooms or pretend cleaning tools	Doctor, Food, Help, Play, Check-up	

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Day 4	Topic(s)	Foundation(s)
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Toddler Curriculum

	Theme: Happy Healthy Me! Number: 5 Letter: Hh Color: Pink Shape: Star	APL2.1: Demonstrate development of flexible thinking during play. APL3.1: Demonstrate development of sustained attention and persistence.
Indicators	Younger Toddlers	Older Toddlers
	Stack heart-shaped blocks with assistance.	Build a taller tower using different block sizes.
Activities: The teacher will introduce block-building as a way to show how friends and community helpers work together to get things done. The teacher will say, “When we work together, we can build something big!” Children will work together to stack blocks and create a tower, a bridge, or another structure. Younger toddlers will stack blocks side by side, while older toddlers will collaborate to build a taller structure. The teacher will encourage teamwork by asking, “Can we help each other add more blocks? What happens if we build too high?”		
Resources/Materials • Large foam or wooden blocks • Open floor space for a safe building	Key Vocabulary: Build, Together, Help, Stack, Tower	Support:

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Day 5	Topic(s)	Foundation(s)
	Theme: Happy Healthy Me! Number: 5	APL1.2: Demonstrate interest and curiosity as a learner.



Toddler Curriculum

	Letter: Hh Color: Pink Shape: Star	APL3.1: Demonstrate development of sustained attention and persistence.
Indicators	Younger Toddlers	Older Toddlers
	Move freely to music with teacher guidance.	Follow simple dance movements with the group.
Activities: The teacher will play upbeat, toddler-friendly music and encourage children to move their bodies and dance. The teacher will lead simple movements, such as jumping, clapping, spinning, and stomping. Older toddlers will follow dance sequences, while younger toddlers explore free movement. The teacher will call out prompts like, "Let's dance like a happy heart!" or "Can you jump like a bunny?" to encourage movement.		
Resources/Materials	Key Vocabulary:	Support:
- Toddler-friendly music playlist - Open space for dancing	Dance, Jump, Move, Clap, Spin	