

Month: February Week:2

Theme: Happy Healthy Me! Shape: Heart Number: 5 Letter: Hh Color: Pink

	Monday	Tuesday	Wednesday	Thursday	Friday
English/ Language Arts	Read <i>"I Like Myself"</i>	Read <i>"The Day It Rained Hearts"</i>	Read " I Can Eat a Rainbow"	Read <i>"Which Food Will You Choose"</i>	Read <i>Happy Valentine's Day, Curious George</i>
Phonetics	"Hh" Sound	Explore Hh Words	I Spy Letter Hh	Match Game	Valentine's Day Letter Hunt
Mathematics	Count to 5 Using Hearts	Sort Hearts By Sizes	Count By 5s	Create AB Heart Patterns	#5 Stamp
Science	Handwashing Experiment	Exploring Healthy Foods	Sorting Healthy vs. Junk Food Worksheet	Sorting Play Food: Healthy vs. Unhealthy	Listen to Your Heartbeat
Social Studies	Self-Care Routines	Kindness Chain	Community Helpers	Friendship Tree	My Feelings Matter
Student Wellbeing	I Love Me- Self Portrait	Yoga for Kids	Rainbow Plate	Give a Friend A Hug	Expressing Gratitude
Approaches to Play & Learning	Taking Care of Others	Caring For Myself	Dramatic Play - Caring	Build a Heart Tower	Dance Party
Creative Arts	Playdough Art	Heart Stamping	Valentine's Day Card	Heart Collage	Valentine's Day Free Art - Open-ended art station
Physical Health and Growth	"Move Like a Healthy Heart" Game	Heart Beat Movement Exploration	Heart Hop	Toddler Yoga	"Follow the Heart"