



Month: February Week: 2 Subject: English/Language Arts

Day 1	Topic(s) Theme: Healthy Happy Me! Number: 5 Letter: Hh Color: Pink Shape: Star	Foundation(s) ELA1.1: Demonstrate receptive communication. ELA1.2: Demonstrate expressive communication.
Indicators	Younger Toddlers	Older Toddlers
	Listen to the story while looking at pictures.	Point to body parts and repeat simple words from the book.
Activities: The teacher will read <i>I Like Myself!</i> aloud, showing each page clearly. During reading, the teacher will emphasize positive self-talk and say, " Look at her big smile! Can you smile too? " After reading, children will look into a mirror and point to their eyes, nose, mouth, and hair . The teacher will encourage them to say, " I like my (body part)! "		
Resources/Materials <i>I Like Myself!</i> book - Small mirrors for self-reflection	Key Vocabulary: Me, Happy, Smile, Hair, Eyes, Love	Support: ♥ I LIKE MYSELF! by Karen Beaumont and David Catrow : Kids Books Read Aloud



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Day 2	Topic(s)	Foundation(s)
	Theme: Healthy Happy Me! Number: 5 Letter: Hh Color: Pink Shape: Star	ELA2.1: Demonstrate awareness of the alphabet. ELA2.4: Demonstrate comprehension.
Indicators	Younger Toddlers	Older Toddlers
	Listen and point to hearts in the book.	Imitate "raining hearts" by moving their hands up and down.
Activities: The teacher will read <i>The Day It Rained Hearts</i>, stopping to ask, "What do you see falling from the sky?" Children will hold heart cutouts and gently drop them to imitate the story. Older toddlers will be encouraged to say, "Heart!" while pointing to the shape. The class will talk about who they love and why we give hearts to people we care about.		
Resources/Materials	Key Vocabulary:	Support: The Day It Rained Hearts by Felicia Bond - Read Aloud
<i>The Day It Rained Hearts</i> book - Paper heart cutouts	Heart, Love, Rain, Friend, Give	

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Day 3	Topic(s)	Foundation(s)
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Toddler Curriculum

	Theme: Healthy Happy Me! Number: 5 Letter: Hh Color: Pink Shape: Star	ELA2.3: Demonstrate awareness and understanding of the concept of print. ELA2.4: Demonstrate comprehension.
Indicators	Younger Toddlers	Older Toddlers
	Identify colors in the book.	Point to foods they recognize and name colors.
Activities: The teacher will read <i>I Can Eat a Rainbow</i> and emphasize the different colors of healthy foods . As each page is turned, the teacher will ask, " Who likes to eat red apples? " and encourage children to point to red, yellow, and green foods on the page . After reading, children will use colored play food or soft food pictures to sort items into color categories .		
Resources/Materials • <i>I Can Eat a Rainbow</i> book • Soft play food or printed food pictures for sorting	Key Vocabulary: Red, Green, Yellow, Food, Eat	Support: I Can Eat A Rainbow - Read Aloud

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Day 4	Topic(s)	Foundation(s)
	Theme: Healthy Happy Me! Number: 5	ELA1.3: Demonstrate ability to engage in conversations.



Toddler Curriculum

	Letter: Hh Color: Pink Shape: Star	ELA2.4: Demonstrate comprehension.
Indicators		
	Younger Toddlers	Older Toddlers
	Point to foods in the book when prompted.	Respond to yes/no questions about food choices.
Activities: The teacher will read <i>Which Food Will You Choose?</i> and ask children to point to different foods in the book. Older toddlers will engage in a discussion where the teacher asks, "Would you eat the banana or the cookie?" and encourage them to nod yes or no. After reading, toddlers will use play food or food pictures to choose their favorite healthy food and pretend to "eat" it.		
Resources/Materials	Key Vocabulary:	Support: Which Food Will You Choose. Read-Aloud
- Book: <i>Which Food Will You Choose?</i> - Play food or laminated food images	Eat, Choose, Food, Yes, No	

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Day 5	Topic(s)	Foundation(s)
	Theme: Healthy Happy Me! Number: 5 Letter: Hh	ELA1.1: Demonstrate receptive communication. ELA1.3: Demonstrate ability to engage in



Toddler Curriculum

	Color: Pink Shape: Star	conversations.
Indicators		
	Younger Toddlers	Older Toddlers
	Listen and look at pictures of Curious George.	Identify Curious George and point to Valentine's cards.
Activities: The teacher will read <i>Happy Valentine's Day, Curious George</i>, stopping to ask, "What is George doing?" Children will practice pointing to hearts and Valentine's cards in the book. Older toddlers will pretend to "mail" a Valentine's card by placing a heart-shaped paper into a pretend mailbox.		
Resources/Materials	Key Vocabulary:	Support: Happy Valentine's Day Curious George - Kids Books Read Aloud
- Book: <i>Happy Valentine's Day, Curious George</i> - Heart-shaped paper "Valentines" and a small mailbox	George, Valentine, Heart, Love, Friend	