



Month: February Week: 2 Subject: Science

Day 1	Topic(s) Theme: Happy Healthy Me! Number: 5 Letter: Hh Color: Pink Shape: Heart	Foundation(s) SC3.2: Demonstrate awareness of the preservation, protection, and care of living creatures and plants. SC5.1: Demonstrate scientific curiosity
Indicators	Younger Infants Observe the caregiver gently washing their hands.	Older Infants React by touching the water and moving fingers during washing.
	Activities: The teacher will gently guide infants through a warm handwashing experience using a soft washcloth and mild baby soap. While washing, caregivers will describe each step, saying, "We wash our hands to keep them clean! The water is warm!" Younger infants will watch and feel the warm water, while older infants may touch, splash, or move their hands through the water. Caregivers will encourage sensory exploration by softly rubbing the infant's fingers together and letting them feel the cloth's texture.	
Resources/Materials	Key Vocabulary: Wash, Hands, Clean, Warm, Water	Support:



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Day 2	Topic(s) Theme: Happy Healthy Me! Number: 5 Letter: Hh Color: Pink Shape: Heart	Foundation(s) SC3.1: Demonstrate awareness of life
Indicators	Younger Infants	Older Infants
	Observe colorful food images and listen to caregivers describe them.	Reach for, touch, or respond to images when asked about colors.
Activities: The teacher will show large images of rainbow-colored fruits and vegetables, such as red apples, orange carrots, yellow bananas, green broccoli, blueberries, and purple grapes. As each image is shown, caregivers will say, "This is a red apple! Apples are yummy!" Younger infants will listen and visually track the colorful images, while older infants may reach for or touch the pictures when prompted (e.g., "Can you find the yellow banana?"). This activity builds early color recognition and awareness of healthy foods.		
Resources/Materials Large, laminated fruit and vegetable image	Key Vocabulary: Apple, Banana, Green, Yellow, Red, Eat	Support:

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Infants Curriculum

Day 3	Topic(s)		Foundation(s)	
	Theme: Happy Healthy Me! Number: 5 Letter: Hh Color: Pink Shape: Heart		SC5.1: Demonstrate scientific curiosity	
Indicators				
	Younger Infants		Older Infants	
	Observe different food items as the teacher moves them.		Track, reach for, or attempt to touch different food items.	
Activities: The teacher will arrange play colorful fruits and vegetables on a tray, such as a banana, an apple, and a small orange. The caregiver will gently roll the foods around, saying, "Look! The apple rolls!" Younger infants will watch and track the movement of the food, while older infants may reach out to grab or touch the food. This activity introduces cause-and-effect relationships, allowing infants to observe motion and size differences.				
Resources/Materials - A small tray - Real fruits and vegetables (banana, apple, orange)		Key Vocabulary: Apple, Banana, Roll, Move, Soft, Round		Support:

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Day 4	Topic(s)	Foundation(s)
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Infants Curriculum

	Theme: Happy Healthy Me! Number: 5 Letter: Hh Color: Pink Shape: Heart	SC5.1: Demonstrate scientific curiosity
Indicators	Younger Infants	Older Infants
	Observe and track movement inside sensory bags.	Reach for, touch, or press on sensory bags to feel textures.
Activities: The teacher will prepare pink sensory bags filled with safe, non-toxic materials such as gel, soft beads, and small heart cutouts. Infants will be encouraged to press, squeeze, or pat the bags while the caregiver describes what they see and feel, saying, "Squish! The hearts move inside!" Younger infants will watch and track the shifting contents, while older infants will press and move the objects inside. This activity engages the sense of touch and sight, providing cause-and-effect exploration.		
Resources/Materials	Key Vocabulary:	Support:
- Sensory bag - Pink paint/food coloring - Non-toxic gel and soft beads inside	Soft, Squish, Move, Touch, Feel	

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Day 5	Topic(s)	Foundation(s)
	Theme: Happy Healthy Me!	SC5.1: Demonstrate scientific curiosity



Infants Curriculum

	Number: 5 Letter: Hh Color: Pink Shape: Heart	
Indicators		
	Younger Infants Listen and respond to the rhythmic heartbeat sounds.	Older Infants React to the heartbeat sounds by looking for the source or tapping along.
Activities: The teacher will play a recording of a slow, rhythmic heartbeat sound, saying, "This is the sound of a heartbeat! It goes boom-boom, boom-boom!" Caregivers will gently place an infant's hand over their chest or softly pat their back in rhythm with the sound. Younger infants will listen and feel the vibrations, while older infants may tap their hands or babble in response. This activity helps infants become familiar with rhythm and body awareness while promoting a sense of security.		
Resources/Materials Tablet	Key Vocabulary: Heart, Beat, Boom-boom, Soft, Listen	Support: