



Month: February Week: 2 Subject: Social Studies

Day 1	Topic(s) Theme: Happy Healthy Me! Number: 5 Letter: Hh Color: Pink Shape: Star	Foundation(s) SS1.1: Demonstrate development of self. SS5.1: Demonstrate awareness of citizenship.
Indicators	Younger Toddlers	Older Toddlers
	Practice simple self-care tasks with teacher guidance.	Identify and mimic self-care actions.
Activities: The teacher will introduce a visual chart showing self-care tasks like brushing hair, washing hands, putting on a coat, and wiping a face . The teacher will model each action, and toddlers will imitate the movements . Older toddlers will match pictures of self-care tasks to the correct action .		
Resources/Materials - Self-care routine visual chart - Baby dolls with toy brushes and washcloths for pretend care	Key Vocabulary: Wash, Brush, Clean, Hands, Healthy	Support:  shutterstock.com • 1273753672

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Toddler Curriculum

Day 2	Topic(s)		Foundation(s)	
	Theme: Happy Healthy Me! Number: 5 Letter: Hh Color: Pink Shape: Star		SS2.3: Demonstrate awareness of the foundations of government or authority. SS5.1: Demonstrate awareness of citizenship.	
Indicators	Younger Toddlers		Older Toddlers	
	Participate in recognizing acts of kindness.		Contribute to a kindness chain by choosing or placing links.	
Activities: The teacher will introduce a paper chain project where each link represents an act of kindness. The teacher will model a kind act (e.g., helping a friend pick up toys) and say, " That was kind! Let's add a link to our kindness chain! " Younger toddlers will watch and listen, while older toddlers help attach links when someone shows kindness.				
Resources/Materials - Pre-cut paper strips in different colors - Glue or tape to attach the kindness chain		Key Vocabulary: Kind, Help, Nice, Share, Friend		Support:

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Day 3	Topic(s)	Foundation(s)
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	Theme: Happy Healthy Me! Number: 5 Letter: Hh Color: Pink Shape: Star	SS3.2: Demonstrate awareness of places and regions. SS5.1: Demonstrate awareness of citizenship.
Indicators	Younger Toddlers	Older Toddlers
	Identify pictures of community helpers.	Match helpers to their jobs.
Activities: The teacher will show pictures of community helpers (e.g., doctor, firefighter, mail carrier, teacher) and ask, "Who helps us when we feel sick? Who brings us mail?" Younger toddlers will point to pictures, while older toddlers match the helpers to their tools (e.g., doctor → stethoscope, firefighter → hose). The teacher will also explain that some community helpers help keep us healthy. For example, doctors help us feel better when we are sick, firefighters keep us safe from fires, and chefs make healthy food for us to eat. The teacher will ask, "Which helpers take care of us?" and encourage children to point to a doctor or chef.		
Resources/Materials - Picture cards of community helpers and their tools - Dress-up props for dramatic play (hats, toy stethoscopes, mailbags)	Key Vocabulary: Help, Doctor, Firefighter, Teacher, Mail	Support:

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Day 4	Topic(s)	Foundation(s)
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	Theme: Happy Healthy Me! Number: 5 Letter: Hh Color: Pink Shape: Star	SS1.1: Demonstrate development of self.
Indicators	Younger Toddlers	Older Toddlers
	Participate in placing their handprint on the friendship tree.	Choose a friend's name and add it to the tree.
Activities: The teacher will create a large paper tree and explain that each child's name will be added to the tree as a symbol of friendship and kindness. Instead of regular leaves, children will add heart-shaped cutouts with their names on them to represent their place in the classroom community. Younger toddlers will help place their hearts on the tree with teacher assistance, while older toddlers will find their name and stick it onto a branch. The teacher will talk about how friendship makes our hearts feel happy and ask, "Who are your friends? How can we be kind to our friends?"		
Resources/Materials • Large poster board tree outline • Pre-cut heart-shaped cutouts in red, pink, and purple • Name labels or markers to write names on hearts • Glue or tape to attach hearts to the tree	Key Vocabulary: Friend, Share, Help, Heart, Name, Tree	Support: 

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Day 5	Topic(s)	Foundation(s)
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Toddler Curriculum

	Theme: Happy Healthy Me! Number: 5 Letter: Hh Color: Pink Shape: Star	SS1.1: Demonstrate development of self. SS3.1: Demonstrate awareness of the world in spatial terms.
Indicators	Younger Toddlers	Older Toddlers
	Identify simple emotions (happy, sad).	Match emotions to situations.
Activities: The teacher will introduce emotional cards showing faces expressing happy, sad, excited, and surprised . The teacher will ask, " How do you feel when you get a hug? How do you feel when you drop your toy? " Younger toddlers will point to the matching emotion , while older toddlers will act out different feelings .		
Resources/Materials - Emotion cards with different facial expressions - Small mirrors for self-expression	Key Vocabulary: Happy, Sad, Excited, Love, Feel	Support: 