



Month: February Week: 3 Subject: Physical Health & Growth

Day 1	Topic(s) Theme: Black History Artists & Musicians Number: 6 Letter: Ee Color: Red, Green, Black, Yellow Shape: Circle	Foundation(s) PHG2.2 Demonstrate development of body awareness and physical activity.
Indicators	Younger Infants	Older Infants
	Lay on their tummy while listening to music.	Attempt to lift their head, reach for toys, or wiggle along to the music.
Activities: Caregivers will place infants on a soft mat for tummy time while playing jazz and blues music inspired by Louis Armstrong . Instruments such as toy maracas or soft bells will be introduced to encourage movement. Caregivers will gently guide infants to reach for soft, colorful sensory balls while moving to the rhythm of the music.		
Resources/Materials • Toy maracas, soft bells • Jazz and blues music playlist • Soft, colorful sensory balls	Key Vocabulary: Tummy Music Move	Support:



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Day 2	Topic(s)	Foundation(s)
	Theme: Black History Artists & Musicians Number: 6 Letter: Ee Color: Red, Green, Black, Yellow Shape: Circle	PHG3.1 Demonstrate development of fine and gross motor coordination.
Indicators		
	Younger Infants	Older Infants
	Observe caregivers clapping and moving to the music.	Attempt to mimic clapping, pat their hands, or bounce to the rhythm.
Activities: Caregivers will sing and clap to jazz beats while encouraging infants to clap along or pat their hands on their legs. Older infants may be gently guided to bounce to the beat while sitting with support. Simple movement games such as pat-a-cake or waving scarves to the beat will enhance the activity.		
Resources/Materials • Music with clapping rhythms • Soft scarves for movement play	Key Vocabulary: Clap Beat Music	Support: 

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Infant Curriculum

Day 3	Topic(s)	Foundation(s)
	Theme: Black History Artists & Musicians Number: 6 Letter: Ee Color: Red, Green, Black, Yellow Shape: Circle	PHG2.1 Demonstrate how the five senses support processing information.
Indicators	Younger Infants	Older Infants
	Track and focus on circular objects being moved in front of them.	Attempt to reach for, grasp, or swat at hanging circular objects.
Activities: Caregivers will hang soft, lightweight circular objects (such as foam circles or fabric rings) just within infants' reach. Younger infants will track the movement while caregivers gently move the objects in front of them. Older infants will be encouraged to reach, grasp, or bat at the objects while caregivers describe the shapes ("Can you touch the big circle?").		
Resources/Materials	Key Vocabulary:	Support:
• Foam or fabric circles • Secure hanging mobile or caregiver-held objects	Circle Reach Touch	

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Day 4	Topic(s)	Foundation(s)
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Infant Curriculum

	Theme: Black History Artists & Musicians Number: 6 Letter: Ee Color: Red, Green, Black, Yellow Shape: Circle	PHG3.1 Demonstrate development of fine and gross motor coordination.
Indicators	Younger Infants	Older Infants
	Observe caregivers moving their legs and feet gently.	Kick their legs in response to music and movement.
Activities: Infants will be placed on a soft mat while caregivers gently move their legs in a rhythmic motion to jazz or blues music. Older infants will be encouraged to kick their legs independently while caregivers hold and gently bounce them to the beat encouraging leg strength and coordination.		
Resources/Materials • Soft mat • Jazz or blues music	Key Vocabulary: Kick Move Legs	Support:

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Day 5	Topic(s)	Foundation(s)
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Infant Curriculum

	Theme: Black History Artists & Musicians Number: 6 Letter: Ee Color: Red, Green, Black, Yellow Shape: Circle	PHG2.2 Demonstrate development of body awareness and physical activity.
Indicators	Younger Infants	Older Infants
	Observe caregivers waving ribbons and swaying.	Reach for and grab soft ribbons while moving to the beat.
Activities: Caregivers will play gentle jazz or blues music while waving soft, lightweight ribbons in the air for infants to watch. Older infants will be encouraged to reach for and grasp the ribbons while caregivers gently guide them in swaying and moving to the beat .		
Resources/Materials • Soft, lightweight ribbons • Jazz or blues music	Key Vocabulary: Wave Dance Ribbon	Support: