



Month: February Week: 4 Subject: Student Wellbeing

Day 1	Topic(s)	Foundation(s)
	Theme: Review	SW1.1 Demonstrate self-awareness and confidence.
Indicators	Younger Toddlers	Older Toddlers
	Recognize and respond to familiar images of inventors and artists.	Identify and name their favorite inventor or artist from previous lessons.
Activities: Activity: Show toddlers pictures of different Black inventors and artists they have learned about this month. Encourage them to pick their favorite and provide them with paper and crayons to draw a simple representation. Teachers can ask, “What do you like about this person?” or “What do you remember about them?” to foster discussion.		
Resources/Materials	Key Vocabulary:	Support:
- Picture cards of inventors and artists - Crayons - Paper	Inventor Artist Create	



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Day 2	Topic(s) Theme: Review	Foundation(s) SW2.1 Demonstrate self-control.
Indicators	Younger Toddlers	Older Toddlers
	Follow simple guided movements with support.	Mimic basic yoga poses independently.
Activities: Guide toddlers through simple yoga poses that encourage body awareness and self-regulation. Use calming music and soft verbal cues like “Let’s stretch like a tall tree” or “Breathe in like smelling flowers, and breathe out like blowing out candles.” Encourage them to practice deep breathing and gentle movements.		
Resources/Materials Relaxing Music	Key Vocabulary: Breathe Stretch Calm	Support: 

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Toddler Curriculum

Day 3	Topic(s)	Foundation(s)
	Theme: Review	SW1.2 Demonstrate identification and expression of emotions.
Indicators	Younger Toddlers	Older Toddlers
	Point to or show colors that represent their feelings.	Use different colors to represent emotions in an art activity.
Activities: Provide toddlers with different colored paints or crayons and ask them to choose a color that represents how they feel today. Encourage them to create an abstract painting or simple drawing using that color. Teachers can ask, “What color makes you feel happy?” or “Can you show me how you feel in your picture?”		
Resources/Materials	Key Vocabulary:	Support:
• Crayons, markers, paint • Paper	Feelings Colors Happy	

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Toddler Curriculum

	Theme: Review	SW4.1 Demonstrate relationship skills.
Indicators	Younger Toddlers	Older Toddlers
	Recognize and respond to familiar pictures representing gratitude.	Verbally express appreciation for people or things in their lives.
Activities: Sit in a circle and have each child share something or someone they are thankful for. Use picture cards of different things like family, friends, teachers, toys, or pets to help guide their thoughts. Reinforce positive social interactions by modeling responses like “I am thankful for my friends because they make me happy.”		
Resources/Materials Picture cards representing different things children can be thankful for	Key Vocabulary: Thankful Friends Happy	Support:

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Day 5	Topic(s)	Foundation(s)
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Toddler Curriculum

	Theme: Review	SW3.1 Demonstrate conflict resolution.
Indicators	Younger Toddlers	Older Toddlers
	Respond to visual prompts of past activities.	Verbally recall and express favorite moments from past activities.
Activities: Teachers will display pictures of activities from the month, including art projects, science experiments, and group activities. Children will be encouraged to recall their favorite activities and talk about them. Teachers can guide the discussion with questions such as “What did you enjoy the most?” “What made you smile?” “What did you learn about being kind to friends?” Encourage toddlers to take turns and listen to their friends' answers.		
Resources/Materials	Key Vocabulary:	Support:
Photos of past activities from the month	Remember Fun Friends	