



Month: February Week: 4 Subject: Student Wellbeing

Day 1	Topic(s) Theme: Review	Foundation(s) SW1.1 Demonstrate self-awareness and confidence
Indicators	Younger Infants	Older Infants
	Observe images and respond with facial expressions, coos, or gestures.	Point to, reach for, or babble in response to the images when prompted.
Activities: Teachers will introduce infants to famous Black artists and inventors by showing large, laminated pictures and board books. Caregivers will describe each person's achievements in simple, engaging language while encouraging infants to touch, point to, or respond to the images. Teachers will observe and narrate infant reactions, reinforcing a sense of familiarity and self-awareness.		
Resources/Materials • Large laminated images of Black inventors and artists • Board books featuring historical figures	Key Vocabulary: artist inventor history	Support:



Month: February Week: 4 Subject: Student Wellbeing

Day 2	Topic(s)		Foundation(s)	
	Theme: Review		SW2.1 Demonstrate self-control	
Indicators	Younger Infants		Older Infants	
	Watch caregivers and respond by wiggling or moving slightly.		Attempt to stretch their arms, move their legs, or imitate simple movements.	
Activities: Teachers will guide infants through gentle movements and stretches , incorporating music to encourage relaxation and body awareness. Infants will be encouraged to stretch their arms and legs , kick their feet, and move their bodies while caregivers support safe, comfortable motions. Teachers will model the movements and verbally encourage participation.				
Resources/Materials - Soft floor mats for support - Gentle instrumental or lullaby music		Key Vocabulary: stretch move calm		Support:

Month: February Week: 4 Subject: Student Wellbeing



Infant Curriculum

Day 3	Topic(s)		Foundation(s)	
	Theme: Review		SW1.2 Demonstrate identification and expression of emotions	
Indicators	Younger Infants		Older Infants	
	Observe faces and respond with changes in facial expressions or sounds.		Attempt to imitate different emotions by making expressions or responding to the teacher's voice.	
Activities: Teachers will use emotional face cards to introduce happy, sad, surprised, and excited facial expressions. Caregivers will mirror the faces, encouraging infants to observe and imitate different expressions . Teachers will gently talk about emotions by saying things like, "This is a happy face! Can we smile together?" Infants will be encouraged to respond with smiles, coos, or mimicking the faces they see .				
Resources/Materials - Emotion face cards with exaggerated expressions - Small mirrors for infants to see their own faces		Key Vocabulary: happy sad smile		Support:

Month: February Week: 4 Subject: Student Wellbeing

Day 4	Topic(s)	Foundation(s)
-------	----------	---------------



Infant Curriculum

	Theme: Review	SW4.1 Demonstrate relationship skills
Indicators	Younger Infants	Older Infants
	Respond with smiles, giggles, or coos.	Engage by clapping, laughing, or reaching for caregivers.
Activities: Teachers will lead an interactive love & laughter playtime session, engaging infants with peek-a-boo, tickles, and clapping games. Caregivers will emphasize positive social interactions by using warm tones, encouraging eye contact, and modeling affectionate gestures like high-fives or gentle pats on the back. This activity will support emotional bonding and relationship-building skills.		
Resources/Materials	Key Vocabulary:	Support:
- Soft plush toys for interaction - Interactive songs for engagement	laugh hug play	

Month: February Week: 4 Subject: Student Wellbeing

Day 5	Topic(s)	Foundation(s)
-------	----------	---------------



Infant Curriculum

	Theme: Review	SW3.1 Demonstrate conflict resolution
Indicators	Younger Infants	Older Infants
	Look at images and respond with coos, facial expressions, or gestures.	Reach for pictures, point, or vocalize their reactions.
Activities: Teachers will review key experiences from the week, reinforcing the importance of kindness, self-expression, and friendships. Caregivers will display pictures of the week's activities, guiding infants through pointing, observing, and reacting to the visuals. Teachers will narrate infants' responses and encourage participation through hand-clapping, smiles, and gestures of acknowledgment.		
Resources/Materials	Key Vocabulary:	Support:
- Printed photos of activities from the week - Soft seating area for group reflection	remember friends happy	