

Month: February Week 2

Theme: Happy Healthy Me! Shape: Heart Number: 5 Letter: Hh Color: Pink

	Monday	Tuesday	Wednesday	Thursday	Friday
English/ Language Arts	Read <i>"I Like Myself"</i>	Read <i>"The Day It Rained Hearts"</i>	Read " I Can Eat a Rainbow"	Read <i>"Which Food Will You Choose"</i>	Read <i>Happy Valentine's Day, Curious George</i>
Phonetics	Listen to "H" sounds & Repeat simple words	Explore "Hh" sounds through rhythmic clapping	Listen to and react to "I Spy" sounds in the environment	Hear and feel rhythmic tapping	Valentine's Day Sound Play
Mathematics	Explore & reach for soft heart-shaped objects	Sort Hearts	Count fingers & toes in a simple counting song	Observe contrasting sizes of large and small hearts	Clap along to counting songs
Science	Gentle Handwashing	Show images of rainbow-colored foods & describe colors	Observe colorful foods on a tray	Explore heart-shaped sensory bags	Heartbeat Sounds
Social Studies	Gentle Kindness Exploration	Kindness Demonstration	Community Helpers	Self-Care Routine Cards	Listen to Songs About Love and Friendship
Student Wellbeing	Explore Facial Expressions	Gentle Stretching & Movement	Rainbow Food Pictures	Exploring Colorful Scarves (Rainbow Theme)	Listen to soothing words & caregiver affirmations
Approaches to Play & Learning	Gentle tummy time with soft toys	Exploring sensory bottles with different colors	Watch & mimic caregiver movements	Building Blocks	Dance Party
Creative Arts	Finger Painting with Pink Paint	Heart stamping w/ Assistance	Valentine's Day Card	Heart Collage	Pink Handprint Art - Valentine's Keepsake
Physical Health and Growth	"Move Like a Happy Heart" (Kicking & reaching)	Gentle bouncing while listening to rhythmic music	Roll a Ball to a Caregiver (Tracking & Reaching)	Reach & Grab Hanging Ribbons or Soft Toys	Toss & Reach for Soft Hearts