



Month: January Week: 1

Subject: Approaches to Play and Learning

Day 1	Topic(s)		Foundation(s)	
	• Theme: Kwanzaa • Shape: Oval • Number: 1 • Color: Red • Letter: Ss		APL1.2: Demonstrate interest and curiosity as a learner.	
Indicators				
	Infants (0-6 months)		Infants (6-12 months)	
	Focus on sounds made by rattles.		Reach for and shake rattles with guidance.	



Activities	
1. Rattle Exploration: The teacher will shake red oval-shaped rattles while saying, "Listen to the noise! Shake, shake!" 2. Interactive Play: Caregivers will encourage older infants to grasp and shake rattles, describing the sound as "loud" or "soft." 3. Observation Activity: Younger infants will watch as the teacher moves the rattle in their line of sight, saying, "This is a rattle!"	
Resources and Materials	
• Infant-safe red oval rattles.	
Topic Related Language/ Key Vocabulary	Supports
Rattle, noise, shake, sound, explore	



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Day 2	Topic(s)		Foundation(s)	
	• Theme: Kwanzaa • Shape: Oval • Number: 1 • Color: Red • Letter: Ss		APL1.1: Demonstrate initiative and self-direction. .	
Indicators				
	Infants (0-6 months)		Infants (6-12 months)	
	Observe the movement of scarves.		Grasp, wave, or manipulate scarves with caregiver guidance.	



Activities	
1. Scarf Movement: The teacher will wave red scarves gently, saying, "Watch the scarf move!" 2. Interactive Play: Caregivers will guide infants to touch and hold the scarves while describing how they feel (e.g., "Soft and smooth"). 3. Group Activity: The teacher will play soft Kwanzaa-themed music and move scarves rhythmically, encouraging infants to watch or move with the rhythm.	
Resources and Materials	
• Red scarves (light and safe for infants) • Recorded Kwanzaa-themed music	
Topic Related Language/ Key Vocabulary	Supports
Scarf, red, soft, smooth, move	



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Day 3	Topic(s)		Foundation(s)	
	• Theme: Kwanzaa • Shape: Oval • Number: 1 • Color: Red • Letter: Ss		APL4.1: Demonstrate development of social interactions during play.	
Indicators				
	Infants (0-6 months)		Infants (6-12 months)	
	Observe blocks being stacked and knocked down.		Attempt to stack blocks or knock them over.	



Activities	
1. Stacking Demo: The teacher will stack red blocks while saying, "Let's stack these blocks for Kwanzaa!" 2. Interactive Play: Caregivers will guide older infants to place blocks on top of each other and knock them down, saying, "Crash!" 3. Cause-and-Effect Game: Younger infants will watch as blocks are stacked and knocked over, learning cause and effect.	
Resources and Materials	
• Red, lightweight stacking blocks	
Topic Related Language/ Key Vocabulary	Supports
Stack, block, crash, build, red	



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Day 4	Topic(s)		Foundation(s)	
	• Theme: Kwanzaa • Shape: Oval • Number: 1 • Color: Red • Letter: Ss		APL1.2: Demonstrate interest and curiosity as a learner.	
Indicators				
	Infants (0-6 months)		Infants (6-12 months)	
	Observe hanging toys and attempt to reach for them.		Grasp and pull hanging toys.	



Activities	
1. Tactile Play: The teacher will hang soft red and green toys from a low mobile or frame, encouraging infants to reach for them. 2. Reaching Game: Caregivers will guide infants to reach for and bat at the toys, saying, "Touch the red toy!" 3. Observation: Younger infants will watch as the toys move, following their movement with their eyes.	
Resources and Materials	
• Low mobile or play gym with hanging red and green toys	
Topic Related Language/ Key Vocabulary	Supports
Reach, toy, red, green, soft	



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Day 5	Topic(s)		Foundation(s)	
	• Theme: Kwanzaa • Shape: Oval • Number: 1 • Color: Red • Letter: Ss		APL3.1: Demonstrate development of sustained attention and persistence.	
Indicators				
	Infants (0-6 months)		Infants (6-12 months)	
	Respond to shaker sounds with interest.		Shake musical shakers independently	



Activities	
1. Music Time: The teacher will play soft Kwanzaa-themed music while introducing red and green shakers, saying, "Shake for Kwanzaa!" 2. Interactive Play: Caregivers will guide infants in shaking the shakers along with the music, describing the sound as "loud" or "soft." 3. Rhythmic Play: Older infants will be encouraged to shake the shakers in time with the music.	
Resources and Materials	
• Red and green musical shakers (infant-safe). • Recorded Kwanzaa-themed music.	
Topic Related Language/ Key Vocabulary	Supports
Shake, music, red, green, sound	<u>Kwanzaa Slide by Culture Queen & Fyütch Kwanzaa Dance Song for Kids & Families</u>