



Month: January Week: 1

Subject: Student Wellbeing

Day 1	Topic(s)		Foundation(s)	
	• Theme: Kwanzaa • Shape: Oval • Number: 1 • Color: Red • Letter: Ss		SW1.1: Demonstrate self-awareness and confidence.	
Indicators				
	Infants (0-6 months)		Infants (6-12 months)	
	Respond to gentle touch by smiling or cooing.		Show excitement by reaching out to touch caregivers.	



Activities	
1. Gentle Touch Exploration: The teacher will model gentle touch on infants' hands or arms while saying, "We use gentle touches to show love during Kwanzaa." 2. Interactive Play: Caregivers will take turns using gentle touch on infants and describing their actions (e.g., "Soft touch!"). 3. Group Reflection: The teacher will encourage caregivers to hold infants close and say, "We care for you!"	
Resources and Materials	
• Soft toys or fabrics for touch exploration.	
Topic Related Language/ Key Vocabulary	Supports
Gentle, touch, love, unity, soft	



Month: January Week: 1

Subject: Student Wellbeing

Day 2	Topic(s)		Foundation(s)	
	• Theme: Kwanzaa • Shape: Oval • Number: 1 • Color: Red • Letter: Ss	SW1.2: Demonstrate identification and expression of emotions.		
Indicators				
	Infants (0-6 months)		Infants (6-12 months)	
	React with curiosity to objects being covered and revealed.		Attempt to pull off or lift the blanket themselves.	



Activities	
1. Peek-a-Boo Game: The teacher will use a soft red blanket, gently covering their face and saying, "Peek-a-boo, I see you!" 2. Interactive Play: Caregivers will play peek-a-boo with infants, describing their actions (e.g., "Here I am!"). 3. Group Play: The teacher will encourage group play with the blanket, introducing words like "Red for Kwanzaa!"	
Resources and Materials	
• Soft red blankets	
Topic Related Language/ Key Vocabulary	Supports
Blanket, peek-a-boo, red, see, play	



Month: January Week: 1

Subject: Student Wellbeing

Day 3	Topic(s)		Foundation(s)	
	• Theme: Kwanzaa • Shape: Oval • Number: 1 • Color: Red • Letter: Ss		SW4.1: Demonstrate relationship skills.	
Indicators				
	Infants (0-6 months)		Infants (6-12 months)	
	Focus on caregiver's face during tummy time.		Reach for or interact with objects during tummy time.	



Activities	
1. Tummy Time Interaction: The teacher will model tummy time activities, saying, "Let's get strong together during Kwanzaa!" 2. Caregiver Bonding: Caregivers will lie close to infants during tummy time, encouraging interaction and saying, "I'm here with you!" 3. Toy Play: Caregivers will place a red oval-shaped toy in front of infants to encourage reaching and engagement.	
Resources and Materials	
• Soft mats for tummy time • Oval-shaped red toys	
Topic Related Language/ Key Vocabulary	Supports
• Tummy, close, together, strong, play	 https://www.pinterest.com/pin/138907969749363723/



Month: January Week: 1

Subject: Student Wellbeing

Day 4	Topic(s)		Foundation(s)	
	• Theme: Kwanzaa • Shape: Oval • Number: 1 • Color: Red • Letter: Ss		SW1.1: Demonstrate self-awareness and confidence.	
Indicators				
	Infants (0-6 months)		Infants (6-12 months)	
	Observe clapping with interest.		Mimic clapping motions with caregiver guidance.	



Activities	
1. Clap-Along Song: The teacher will sing a clapping song such as "Clap Your Hands Together" while gently clapping hands with infants. https://www.youtube.com/watch?v=C3c8fzbsfOE 2. Interactive Play: Caregivers will guide older infants in clapping their hands along with the song. 3. Group Activity: The teacher will encourage caregivers and infants to clap hands together as a group, saying, "We clap for unity during Kwanzaa!"	
Resources and Materials	
• Lyrics for the clapping song • Recorded music (optional)	
Topic Related Language/ Key Vocabulary	Supports
Clap, hands, unity, play, together	https://www.youtube.com/watch?v=C3c8fzbsfOE



Month: January Week: 1

Subject: Student Wellbeing

Day 5	Topic(s)		Foundation(s)	
	• Theme: Kwanzaa • Shape: Oval • Number: 1 • Color: Red • Letter: Ss		SW1.1: Demonstrate self-awareness and confidence.	
Indicators				
	Infants (0-6 months)		Infants (6-12 months)	
	Hold or cuddle soft toys when offered.		Reach for and hug soft toys independently.	



--	--

Activities	
1. Comfort Play: The teacher will introduce soft, red plush toys and say, "This is a hug to show love during Kwanzaa!" 2. Interactive Hugging: Caregivers will guide infants in hugging the toys, saying, "This toy is soft and cuddly, like love!" 3. Group Reflection: The teacher will encourage a group hug session with the toys, emphasizing love and security.	
Resources and Materials	
• Soft red plush toys • Clean mats for playtime	
Topic Related Language/ Key Vocabulary	Supports
Hug, soft, love, toy, red	