



Month: January Week: 2

Subject: Approaches to Play and Learning

Day 1	Topic(s)		Foundation(s)	
	Theme: Ice and Snow Shape: Square Number: 2 Color: Gray Letter: Aa		APL1.1: Demonstrate initiative and self-direction.	
Indicators				
	Infants (0-6 months)		Infants (6-12 months)	
	Follow the movement of an object with their eyes.		Attempt to reach for or crawl toward the moving object.	



Activities	
The teacher will roll a large, soft square-shaped toy slowly across the room, saying, "Watch the square go!" Caregivers will encourage younger infants to track the toy with their eyes, gently pointing and saying, "Look, it's moving!" Older infants will be guided to reach for or crawl toward the toy as the teacher cheers them on, saying, "You're reaching for the square!"	
Resources and Materials	
• Large, soft square-shaped toy • Open space for movement	
Topic Related Language/ Key Vocabulary	Supports
Square, roll, move, reach	



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Day 2	Topic(s)		Foundation(s)	
	Theme: Ice and Snow Shape: Square Number: 2 Color: Gray Letter: Aa		APL1.2: Demonstrate interest and curiosity as a learner.	
Indicators				
	Infants (0-6 months)		Infants (6-12 months)	
	Hold or touch blocks with caregiver guidance.		Stack or knock down blocks independently.	



Activities	
The teacher will introduce gray stacking blocks, saying, "Let's play with the gray blocks!" Caregivers will guide younger infants to hold or touch the blocks, describing their texture and color. Older infants will be encouraged to stack or knock down the blocks while the teacher narrates their actions, saying, "You built a tower and knocked it down!"	
Resources and Materials	
• Gray stacking blocks • Soft mat for exploration	
Topic Related Language/ Key Vocabulary	Supports
Block, gray, stack, knock	



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Day 3	Topic(s)		Foundation(s)	
	Theme: Ice and Snow Shape: Square Number: 2 Color: Gray Letter: Aa		APL3.1: Demonstrate development of sustained attention and persistence.	
Indicators				
	Infants (0-6 months)		Infants (6-12 months)	
	Watch as caregivers stack and unstack blocks.		Imitate caregiver motions while stacking or unstacking blocks.	



Activities	
The teacher will model stacking and unstacking gray blocks, saying, "Up they go, and down they come!" Caregivers will guide younger infants to watch the motion closely, encouraging them to touch the blocks. Older infants will be encouraged to imitate the motion, with caregivers supporting their attempts to stack and unstack while the teacher praises their persistence.	
Resources and Materials	
• Gray stacking blocks • Clean, open play area	
Topic Related Language/ Key Vocabulary	Supports
Stack, unstack, up, down	



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Day 4	Topic(s)		Foundation(s)	
	Theme: Ice and Snow Shape: Square Number: 2 Color: Gray Letter: Aa		APL2.1: Demonstrate development of flexible thinking during play.	
Indicators				
	Infants (0-6 months)		Infants (6-12 months)	
	Touch soft materials with caregiver guidance.		Explore and manipulate soft materials independently.	



Activities

The teacher will introduce soft materials, such as gray scarves and felt squares, saying, "Feel how soft this is!" Caregivers will guide younger infants to touch and explore the textures. Older infants will be encouraged to manipulate the materials by crumpling, folding, or holding them, with the teacher narrating, "You're playing with the soft scarf!"

Resources and Materials

- Soft gray scarves and felt squares
- Clean play area

Topic Related Language/ Key Vocabulary

Soft, gray, touch, feel

Supports





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Day 5	Topic(s)		Foundation(s)	
	Theme: Ice and Snow Shape: Square Number: 2 Color: Gray Letter: Aa		APL4.1: Demonstrate development of social interactions during play.	
Indicators				
	Infants (0-6 months)		Infants (6-12 months)	
	Smile or coo in response to caregiver play.		Imitate caregiver's play actions, such as clapping or tapping toys.	



Activities	
The teacher will demonstrate simple play actions, such as clapping hands or tapping a toy, saying, "Let's clap together!" Caregivers will guide younger infants to respond with smiles or coos, while older infants will be encouraged to imitate the actions independently. The teacher will reinforce their efforts by saying, "You're clapping like me!"	
Resources and Materials	
• Soft toys for tapping or holding • Open space for group interaction	
Topic Related Language/ Key Vocabulary	Supports
Clap, tap, play, together	