



Month: January Week: 4

Subject: Student Wellbeing

Day 1	Topic(s)		Foundation(s)	
	Review Week		SW4.1: Demonstrate relationship skills. SW2.1: Demonstrate self-control.	
Indicators	Younger Toddlers		Older Toddlers	
	Toddlers may participate in freeze dance using scarves with teacher prompts.		Toddlers may practice stopping and starting their movements while interacting with peers.	



Activities	
The teacher will play music and provide scarves for a freeze dance activity. Toddlers may wave their scarves as they dance and practice stopping when the music pauses. The teacher will encourage interaction by saying, "Can you share your scarf dance with a friend?"	
Resources and Materials	
• Scarves or ribbons for dancing • Child-friendly music	
Topic Related Language/ Key Vocabulary	Supports
Dance, freeze, scarf, move	<u>Freeze Dance Song 2 - THE KIBOOMERS</u> <u>Preschool Dance Songs for Circle Time</u>



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Day 2	Topic(s)		Foundation(s)	
	Review Week		SW1.1: Demonstrate self-awareness and confidence. SW4.1: Demonstrate relationship skills.	
Indicators	Younger Toddlers		Older Toddlers	
	Toddlers may work together to find shapes during a scavenger hunt.		Toddlers may share their discoveries and discuss the shapes they find.	



Activities	
The teacher will organize a shape scavenger hunt , asking toddlers to find specific shapes (e.g., triangles, circles, squares) around the room. Toddlers may work with peers to locate shapes and bring them to the teacher, sharing what they found. The teacher will encourage teamwork by saying, "Let's find shapes together!"	
Resources and Materials	
Classroom objects in different shapes	
Topic Related Language/ Key Vocabulary	Supports
Shape, find, share, together	



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Day 3	Topic(s)		Foundation(s)	
	Review Week	SW2.1: Demonstrate self-control.		
Indicators				
	Younger Toddlers		Older Toddlers	
	Toddlers may explore floating toys in water with teacher guidance.		Toddlers may practice taking turns during the activity.	



Activities

The teacher will set up a sensory bin with floating toys (e.g., boats, and ducks). Toddlers may take turns exploring the floating toys, observing how they move in the water. The teacher will encourage self-control by guiding turn-taking and saying, "Let's wait for your turn to try!"

Resources and Materials

- Water sensory bin
- Floating toys

Topic Related Language/ Key Vocabulary

Float, turn, share, water

Supports





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Day 4	Topic(s)		Foundation(s)	
	Review Week		SW1.2: Demonstrate identification and expression of emotions.	
Indicators				
	Younger Toddlers		Older Toddlers	
	Toddlers may reflect on what made them happy during the week.		Toddlers may share their thoughts or feelings with the teacher or peers.	



Activities	
The teacher will lead a reflection activity, asking toddlers to share something that made them happy this week. Toddlers may express their thoughts verbally or through simple gestures. The teacher will guide the discussion by saying, "What made you smile this week?" or "Did you feel happy when you danced or played?"	
Resources and Materials	
• Visual aids of happy faces or emotions (optional) • Open discussion area	
Topic Related Language/ Key Vocabulary	Supports
Happy, smile, feel, share	



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Day 5	Topic(s)		Foundation(s)	
	Review Week		SW4.1: Demonstrate relationship skills. SW1.1: Demonstrate self-awareness and confidence.	
Indicators				
	Younger Toddlers		Older Toddlers	
	Toddlers may dance to a celebration song with peers.		Toddlers may interact and collaborate with others during the activity.	



Activities	
The teacher will play a celebration song, encouraging toddlers to dance and move together. Toddlers may express themselves through movement and interact with their peers by holding hands or mimicking actions. The teacher will highlight relationship-building by saying, "Let's celebrate together!"	
Resources and Materials	
• Child-friendly celebration song • Open play area for dancing	
Topic Related Language/ Key Vocabulary	Supports
Dance, celebrate, together, happy	<u>Shake Your Sillies Out</u> 🎵 <u>Brain Breaks Songs for Kids</u> 🎵 <u>Kids Action Songs by The Learning Station</u>