



Month: March Week: 1 Subject: Physical Health & Growth

Day 1	Topic(s) Theme: Bugs & Insects Number: 7 Letter: Ff Color: Blue Shape: Oval	Foundation(s) PHG3.1 – Demonstrate development of fine and gross motor coordination
Indicators	Younger Infants Will lift their heads and visually track objects placed around them.	Older Infants Will pivot and reach for toys placed in a circular pattern.
Activity: Caregivers will arrange soft bug toys in a circle around the infant to encourage pivoting, reaching, and head control during tummy time. Younger infants will be encouraged to track the toys visually, while older infants will attempt to push, scoot, or reach for the items. Talking Points for Teachers: • “Look! The butterfly is over there. Can you turn your head?” • “Try to reach the bug! Stretch, stretch!” • “You’re getting stronger! Great job!”		
Resources/Materials • Soft plush bug toys • Tummy time mat or soft blanket	Key Vocabulary: reach, stretch, look	Support:



Month: March Week: 1 Subject: Physical Health & Growth

Day 2	Topic(s) Theme: Bugs & Insects Number: 7 Letter: Ff Color: Blue Shape: Oval	Foundation(s) PHG2.1 – Demonstrate how the five senses support processing information
Indicators	Younger Infants	Older Infants
	Will lift their heads to track the rattle movements.	Will attempt to reach for, bat at, or grasp the rattle.
Activity: Caregivers will shake bug-themed rattles above infants' heads during tummy time to encourage visual tracking and head lifting. Younger infants will watch and follow the movement, while older infants may attempt to bat at or reach for the rattle. Talking Points for Teachers: • “Listen to the rattle! Can you hear it?” • “Look! The rattle is moving! Can you follow it?” • “Try to reach it! You’re doing great!”		
Resources/Materials • Bug-themed rattles • Soft blanket or tummy time mat	Key Vocabulary: shake, listen, reach	Support:

Month: March Week: 1 Subject: Physical Health & Growth



Infant Curriculum

Day 3	Topic(s)	Foundation(s)
	Theme: Bugs & Insects Number: 7 Letter: Ff Color: Blue Shape: Oval	PHG3.1 – Demonstrate development of fine and gross motor coordination
Indicators	Younger Infants	Older Infants
	Will attempt to reach for or track toys being placed in a bucket.	Will attempt to place objects into a container using hand-eye coordination.
Activity: Caregivers will encourage infants to place small soft toys or balls into a bucket. Younger infants will watch and attempt to grasp, while older infants will work on dropping and placing objects inside the container. Talking Points for Teachers: • “Can you put the toy in the bucket?” • “You dropped it! Let’s try again!” • “Wow! You’re using your hands so well!”		
Resources/Materials	Key Vocabulary:	Support:
• Soft small toys or balls • Shallow bucket or container	drop, in, out	

Month: March Week: 1 Subject: Physical Health & Growth

Day 4	Topic(s)	Foundation(s)
-------	----------	---------------



Infant Curriculum

	Theme: Bugs & Insects Number: 7 Letter: Ff Color: Blue Shape: Oval	PHG2.2 – Demonstrate development of body awareness and physical activity
Indicators	Younger Infants	Older Infants
	Will stretch arms toward hanging objects.	Will reach, grasp, and pull at suspended objects.
Activity: Caregivers will suspend lightweight scarves, ribbons, or soft bug toys from a low baby gym or caregiver's hands. Younger infants will track and stretch their arms toward the objects, while older infants will reach, grab, and pull at them. Talking Points for Teachers: • “Can you reach for the butterfly?” • “Stretch, stretch! You almost got it!” • “You grabbed it! Yay!”		
Resources/Materials	Key Vocabulary:	Support:
• Lightweight scarves or soft bug plush toys	reach, stretch, grab	

Month: March Week: 1 Subject: Physical Health & Growth

Day 5	Topic(s)	Foundation(s)
	Theme: Bugs & Insects	PHG2.1 – Demonstrate how the five



Infant Curriculum

	Number: 7 Letter: Ff Color: Blue Shape: Oval	senses support processing information
Indicators		
	Younger Infants Will track moving ribbons with their eyes.	Older Infants Will wave, shake, or hold ribbon wands while caregivers guide movement.
Activity: Caregivers will use ribbon wands to encourage visual tracking and movement. Younger infants will watch as ribbons move, while older infants will be encouraged to wave, shake, and move their arms with the ribbons. Talking Points for Teachers: • “Watch the ribbons move! Up and down!” • “Can you wave the ribbon like a butterfly?” • “Look at the colors spinning!”		
Resources/Materials • Ribbon wands	Key Vocabulary: wave, spin, up	Support: