



Month: March Week: 1 Subject: Student Wellbeing

Day 1	Topic(s) Theme: Bugs & Insects Number: 7 Letter: Ff Color: Blue Shape: Oval	Foundation(s) SW1.1 – Demonstrate self-awareness and confidence
Indicators	Younger Toddlers	Older Toddlers
	Will attempt simple movements that resemble bugs.	Will follow teacher-led movements and try new poses.
Activity: Bug Yoga- Guide toddlers through simple bug-inspired yoga poses—curling into a ball like a ladybug, stretching tall like a butterfly, and wiggling like a caterpillar. Younger toddlers will imitate movements, while older toddlers will hold poses for a few seconds. Challenge for Older Toddlers: Ask them to take turns leading a movement for the group to follow.		
Resources/Materials Large bug pictures as movement guides	Key Vocabulary: stretch, move, wiggle	Support:

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Toddler Curriculum

Day 2	Topic(s)		Foundation(s)	
	Theme: Bugs & Insects Number: 7 Letter: Ff Color: Blue Shape: Oval		SW2.1 – Demonstrate self-control	
Indicators	Younger Toddlers		Older Toddlers	
	Will listen and react to nature sounds.		Will identify different sounds and describe them.	
Activity: Nature Sounds- Play recordings of bug and nature sounds (buzzing bees, chirping crickets, rustling leaves). Encourage toddlers to sit quietly and listen, then imitate the sounds. Older toddlers can describe how the sounds make them feel ("<i>Does the buzzing sound happy or sleepy?</i>"). Challenge for Older Toddlers: Encourage them to close their eyes while listening and identify different sounds.				
Resources/Materials		Key Vocabulary:		Support:
● Nature sound recordings		quiet, listen, buzz		

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Day 3	Topic(s)	Foundation(s)
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Toddler Curriculum

	Theme: Bugs & Insects Number: 7 Letter: Ff Color: Blue Shape: Oval	SW1.2 – Demonstrate identification and expression of emotions
Indicators	Younger Toddlers	Older Toddlers
	Will respond to different tempos of music.	Will move their bodies to express different emotions.
Activity: Play slow, calming bug music (like gentle cricket chirps) and fast, energetic music (like buzzing bees). Younger toddlers will move freely, while older toddlers will express emotions through movement (e.g., slow = calm, fast = excited). Challenge for Older Toddlers: Encourage them to pair an emotion with each type of music ("This song is slow. How does it make you feel?").		
Resources/Materials	Key Vocabulary:	Support:
Bug-themed music with different tempos	fast, slow, happy	

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Day 4	Topic(s)	Foundation(s)
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Toddler Curriculum

	Theme: Bugs & Insects Number: 7 Letter: Ff Color: Blue Shape: Oval	SW3.1 – Demonstrate conflict resolution SW4.1 – Demonstrate relationship skills
Indicators	Younger Toddlers	Older Toddlers
	Will participate in movement activities with support.	Will take turns leading movements and playing cooperatively.
Activity: Dance & Movement- Set up a simple dance circle where toddlers take turns moving like a bug (fluttering like a butterfly, crawling like an ant). Younger toddlers will follow the teacher, while older toddlers will take turns leading a movement. Challenge for Older Toddlers: Encourage them to watch and wait their turn before leading a movement, practicing patience.		
Resources/Materials	Key Vocabulary:	Support:
Fun bug-themed music	wait, turn, share	

Month: March Week: 1 Subject: Student Wellbeing

Day 5	Topic(s)	Foundation(s)
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Toddler Curriculum

	Theme: Bugs & Insects Number: 7 Letter: Ff Color: Blue Shape: Oval	SW1.1 – Demonstrate self-awareness and confidence
Indicators	Younger Toddlers	Older Toddlers
	Will listen to short stories about bugs and respond with gestures.	Will attempt to recall and describe their own experiences with bugs.
Activity: Nature Stories- Sit in a circle and share simple bug stories. Younger toddlers will point to pictures and react, while older toddlers will be encouraged to share a time they saw a bug (<i>"Did you see a butterfly outside? What color was it?"</i>). Challenge for Older Toddlers: Encourage them to ask a friend about their bug story, helping build social skills.		
Resources/Materials	Key Vocabulary:	Support:
• Storybooks or pictures of bugs • Small stuffed bugs or toys for hands-on storytelling	talk, share, remember	