



Month: March Week: 2 Subject: Student Wellbeing

Day 1	Topic(s) Theme: Spring Surprises Number: 8 Letter: Gg Color: Yellow Shape: Diamond	Foundation(s) SW1.2 Demonstrate identification and expression of emotions
Indicators	Younger Infants	Older Infants
	May observe and respond to gentle movements.	Can stretch arms and legs while engaging in caregiver-led movement.
Activity: The teacher will lead a gentle stretching session while playing soft spring music. • Younger infants may watch as the teacher moves their arms and legs gently. • Older infants can stretch their arms up and legs out as the teacher models movements like “reaching for the sun.” The teacher may say, "Stretch up high like the trees! Now wiggle your toes!"		
Resources/Materials	Key Vocabulary: Reach, stretch, move	Support:



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Day 2	Topic(s) Theme: Spring Surprises Number: 8 Letter: Gg Color: Yellow Shape: Diamond	Foundation(s) SW1.1 Demonstrate self-awareness and confidence
Indicators	Younger Infants	Older Infants
	May feel calm and soothed by gentle sensory experiences.	Can hold or cuddle soft toys and engage in sensory comfort activities.
Activity: The teacher will provide soft blankets, plush toys, or fabric squares for infants to cuddle and explore while listening to a gentle spring lullaby. • Younger infants may feel the soft fabric against their hands or cheeks. • Older infants can grasp, hold, and cuddle with soft items while relaxing. The teacher may gently stroke an infant's hand with fabric and say, "So soft! This blanket feels cozy."		
Resources/Materials • Soft blankets or plush toys • Gentle spring lullaby or instrumental music	Key Vocabulary: soft, cozy, warm, relax	Support:

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Infant Curriculum

Day 3	Topic(s) Theme: Spring Surprises Number: 8 Letter: Gg Color: Yellow Shape: Diamond	Foundation(s) SW2.1 Demonstrate self-control
Indicators	Younger Infants	Older Infants
	May listen to and watch the teacher's storytelling movements.	Can reach for sensory objects and respond to sound changes.
Activity: The teacher will read a short spring story while using sensory props like soft petals, textured leaves, and small fabric animals. • Younger infants may watch and listen as the teacher moves and touches the props. • Older infants can reach for and explore the different textures while hearing the story. The teacher may gently brush a soft petal across an infant's hand while saying, "The flower petals are soft!"		
Resources/Materials • Short spring-themed story • Soft-textured items (petals, fabric leaves, plush animals)	Key Vocabulary: soft, touch, feel, listen	Support:

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Day 4	Topic(s)	Foundation(s)
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Infant Curriculum

	Theme: Spring Surprises Number: 8 Letter: Gg Color: Yellow Shape: Diamond	SW3.1 Demonstrate conflict resolution
Indicators	Younger Infants	Older Infants
	May track moving objects above them.	Can reach for and grasp scarves, pivoting and moving their hands.
Activity: The teacher will gently wave colorful scarves over the infants and encourage them to reach and grab. • Younger infants may track the scarves with their eyes as they move. • Older infants can reach, grab, and pull on the scarves, engaging their motor skills. For tummy time, the teacher may place scarves slightly out of reach, encouraging infants to pivot, push up on their hands, or reach forward.		
Resources/Materials	Key Vocabulary:	Support:
• Soft, lightweight scarves in spring colors	reach, grab, soft, up	

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Day 5	Topic(s)	Foundation(s)
	Theme: Spring Surprises	SW4.1 Demonstrate relationship skills



Infant Curriculum

	Number: 8 Letter: Gg Color: Yellow Shape: Diamond	
Indicators		
	Younger Infants May watch and listen as the teacher moves and interacts with soft toys.	Older Infants Can hold, squeeze, and explore soft toys while practicing movement.
Activity: The teacher will place soft plush toys around the infants and encourage grasping, pivoting, and reaching to explore them. • Younger infants may watch the teacher move the toys while listening to soft talking. • Older infants can grasp, hug, or push toys, developing social and fine motor skills. The teacher may say, “Let’s find the bunny! Can you reach for it?” while moving the toy slightly away from an infant.		
Resources/Materials • Soft plush toys (bunny, chick, lamb)	Key Vocabulary: soft, reach, hug, toy	Support: