



Month: March Week: 3 Subject: Approaches to Play & Learning

Day 1	Topic(s) Theme: Birds & Eggs Discovery Number: 9 Letter: Hh Color: Purple Shape: Rectangle	Foundation(s) APL1.1 Demonstrate initiative and self-direction
Indicators	Younger Infants	Older Infants
	May lift their head or move arms while on their tummy.	Can flap arms, reach for objects, or push up while engaging in tummy time.
Activity: The teacher will place infants on a soft play mat and encourage them to engage in wing-flapping movements , mimicking a bird. Younger infants will be gently guided to lift their heads and move their arms , while older infants may be encouraged to reach for toys, flap their arms, or push up on their hands . The teacher will provide verbal encouragement (<i>"Flap, flap! Just like a bird!"</i>) and move a plush bird (or toy) in front of them to keep them engaged.		
Resources/Materials Plush bird toy for engagement	Key Vocabulary: Flap Move Up	Support:



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Day 2	Topic(s)	Foundation(s)
	Theme: Birds & Eggs Discovery Number: 9 Letter: Hh Color: Purple Shape: Rectangle	APL3.1 Demonstrate development of sustained attention and persistence
Indicators	Younger Infants	Older Infants
	May visually track a rolling egg.	Can reach for, push, or roll an egg forward.
Activity: The teacher will introduce large plastic eggs and gently roll them across the floor to encourage tracking and movement. Younger infants will be encouraged to watch and follow the rolling motion, while older infants may reach, bat, or push the eggs themselves. The teacher will describe the movement ("<i>The egg rolls fast! Now slow! Can you roll it back?</i>") and encourage engagement.		
Resources/Materials	Key Vocabulary:	Support:
Large plastic eggs	Roll Fast Slow	

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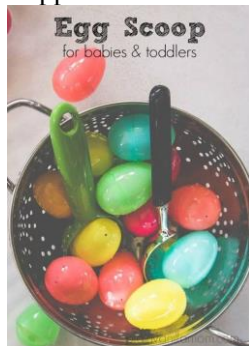
Day 3	Topic(s) Theme: Birds & Eggs Discovery Number: 9 Letter: Hh Color: Purple Shape: Rectangle	Foundation(s) APL2.1 Demonstrate development of flexible thinking during play
Indicators	Younger Infants	Older Infants
	May visually track and observe the movement of objects inside the bottle.	Can shake, roll, or turn the bottle, searching for hidden spring-themed items.
Activity: The teacher will introduce a Spring "Look & Find" Sensory Bottle filled with green-colored rice and small hidden objects, such as laminated birds, eggs, and flowers . Younger infants will be encouraged to watch and track the movement of objects inside , while older infants will be guided to shake, roll, or turn the bottle upside down to search for the hidden pictures. The teacher will describe the activity (<i>"Can you find the bird? Look, it's hiding in the rice!"</i>) and encourage problem-solving as infants explore.		
Resources/Materials • Clear plastic bottle with a secure lid • Green-colored rice or small dry beans • Laminated spring-themed cutouts (birds, eggs, flowers) • Tape to securely seal the lid	Key Vocabulary: Feather Shake Float	Support: 

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Day 4	Topic(s) Theme: Birds & Eggs Discovery	Foundation(s) APL4.1 Demonstrate development of
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Infant Curriculum

	Number: 9 Letter: Hh Color: Purple Shape: Rectangle	social interactions during play
Indicators		
	Younger Infants May visually track the movement of eggs as they are scooped and dropped.	Older Infants Can grasp, scoop, transfer, or drop eggs into a bowl with hands or a spoon.
Activity: The teacher will provide a large bowl or colander filled with colorful plastic eggs and introduce a scoop or spoon for transferring the eggs. Younger infants will be encouraged to watch and listen as the teacher scoops and drops eggs back into the bowl , supporting early tracking and sensory engagement. Older infants will be encouraged to grasp, pick up, and drop the eggs back into the container , using either their hands or a spoon. The teacher will describe the action (“ <i>Scoop up the egg! Now drop it in! Listen to the sound!</i> ”) and celebrate each attempt to encourage motor skill development.		
Resources/Materials • large bowl or colander • Colorful plastic eggs • Infant-safe scoop or spoon	Key Vocabulary: Scoop Drop Egg	Support: 

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Day 5	Topic(s)	Foundation(s)
	Theme: Birds & Eggs Discovery	APL1.2 Demonstrate interest and



Infant Curriculum

	Number: 9 Letter: Hh Color: Purple Shape: Rectangle	curiosity as a learner
Indicators	Younger Infants	Older Infants
	May reach for or visually track the feathers.	Can grasp and pull feathers from a strainer with guidance.
Activity: The teacher will set up a fine motor activity using a kitchen strainer with colorful feathers inserted into the holes . Younger infants may be encouraged to reach for or touch the feathers , while older infants will practice pulling the feathers out one by one . The teacher will narrate the action (" <i>Pull the feather out! Look, you did it!</i> ") to support problem-solving skills and curiosity.		
Resources/Materials • Small box/kitchen strainer • Soft, colorful feathers	Key Vocabulary: Pull Feather Out	Support: 