



Month: March Week: 4 Subject: Student Wellbeing

Day 1	Topic(s)		Foundation(s)	
	Review Week		SW1.1 Demonstrate self-awareness and confidence	
Indicators	Younger Infants		Older Infants	
	Watches the teacher's movements and listens to a calming voice.		Moves arms and legs in response to the teacher's guidance.	
Activity: Gentle Movements and Stretching Teachers may gently guide infants through soft stretching and movement while speaking soothingly (“ <i>Let’s stretch our arms up! Now let’s wiggle our toes.</i> ”). They may use soft music to create a relaxing environment while infants explore movement.				
Resources/Materials Soft background music (lullabies or nature sounds)		Key Vocabulary: stretch wiggle move		Support: Enchanted Forest Ambience Magical Forest Music » Relax, Sleep, Healing With Fairy Melodies



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Day 2	Topic(s)	Foundation(s)
	Review Week	SW1.2 Demonstrate identification and expression of emotions
Indicators	Younger Infants	Older Infants
	Reacts to the soft feather touch by smiling or making facial expressions.	Reaches for the feather or touches it with their fingers.
Activity: Feather Sensory Exploration Teachers may gently brush a soft feather along infants' hands or cheeks while describing how it feels (<i>"The feather is soft! It tickles!"</i>). Older infants may be encouraged to hold and explore the feather while teachers talk about gentle touch.		
Resources/Materials	Key Vocabulary:	Support:
Soft feathers	soft tickle touch	

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Infant Curriculum

Day 3	Topic(s)	Foundation(s)
	Review Week	SW2.1 Demonstrate self-control
Indicators	Younger Infants	Older Infants
	May listen and relax to the sound of the teacher singing or music playing.	Sways, claps, or vocalizes along with the song.
Activity: Singing and Relaxing with Baby Lullabies Teachers may sing or play soft lullabies while holding infants or sitting together in a cozy area. They may gently rock or sway with the rhythm. Older infants may be encouraged to clap or babble along with the music.		
Resources/Materials	Key Vocabulary:	Support:
Recorded baby lullabies or teacher-led singing	sing listen quiet	

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Day 4	Topic(s)	Foundation(s)
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Infant Curriculum

	Review Week	SW1.1 Demonstrate self-awareness and confidence
Indicators	Younger Infants	Older Infants
	Watches the scarf move through the air.	Reaches for or grasps the scarf while interacting with the teacher.
Activity: Scarf Movement and Reach Exploration Teachers may wave colorful scarves in the air, letting them float down slowly while infants watch. They may gently brush the scarf over infants' hands and encourage older infants to reach, grab, and pull the scarf .		
Resources/Materials	Key Vocabulary:	Support:
Lightweight, colorful scarves	reach catch soft	

Month: March Week: 4 Subject: Student Wellbeing

Day 5	Topic(s)	Foundation(s)
	Review Week	SW1.2 Demonstrate identification and



		expression of emotions
Indicators		
	Younger Infants	Older Infants
	Watch the bubbles float and pop.	Reaches for and tries to pop the bubbles.
Activity: Bubble Exploration and Popping Fun Teachers may blow bubbles while infants watch them float in the air. Younger infants may track the bubbles with their eyes and respond with smiles or coos. Older infants may be encouraged to reach out and try to pop the bubbles as they fall. Teachers may use descriptive words to enhance the experience (<i>“The bubbles are floating! Look, they pop!”</i>).		
Resources/Materials	Key Vocabulary:	Support:
Baby-safe bubble solution and wand	bubble pop float	