



Month: April Week: 1 Subject: Approaches to Play & Learning

Day 1	Topic(s) Theme: Puddle Adventure Number: 10 Letter: li Color: Green Shape: Trapezoid	Foundation(s) APL1.1 Demonstrate initiative and self-direction
Indicators	Younger Infants Observe and listen to movement cues.	Older Infants Engage in gentle movement when guided by a teacher.
Activity: <i>Sway Like Rain</i> The teacher will hold an infant gently and sway side to side, mimicking the movement of falling rain. A soft rain sound recording or calming instrumental music will play in the background. Additionally, the teacher will sing familiar rain songs like <i>Rain, Rain, Go Away</i> or <i>It's Raining, It's Pouring</i> to engage the infants with rhythm and melody. Older infants may be encouraged to rock their bodies side to side while sitting or being supported. The teacher can describe the movement: "<i>We're moving like the rain falling down. Listen to the rain song!</i>"		
Resources/Materials - Soft instrumental music or recorded rain sounds - Familiar rain songs (<i>Rain, Rain, Go Away, It's Raining, It's Pouring</i>)	Key Vocabulary: Sway Rain Move	Support:



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Day 2	Topic(s)	Foundation(s)
	Theme: Puddle Adventure Number: 10 Letter: Ii Color: Green Shape: Trapezoid	APL3.1 Demonstrate development of sustained attention and persistence
Indicators	Younger Infants	Older Infants
	Touch and explore the sensory bag.	Pat, squish, and push the contents of the bag.
Activity: <i>Green Pea Sensory</i> Infants will explore a sealed sensory bag filled with green peas and water. The teacher will encourage infants to press, squish, or move the peas around, narrating their actions: “You pushed the peas! They are moving.” Older infants may begin to explore cause and effect by repeatedly pressing the bag and watching the peas shift.		
Resources/Materials • Resealable plastic bags • Green peas • Water (secured inside the bag) • Tape (to secure bag for safety)	Key Vocabulary: Green Squish Push	Support: 

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Day 3	Topic(s)		Foundation(s)	
	Theme: Puddle Adventure Number: 10 Letter: Ii Color: Green Shape: Trapezoid		APL2.1 Demonstrate development of flexible thinking during play	
Indicators	Younger Infants		Older Infants	

Activity: *Sensory Board*

Infants will engage in tummy time while exploring a **weather-themed sensory board** featuring a variety of textured materials such as **soft felt, smooth fabric, crinkly paper, textured ribbons, and bumpy foam pieces**. The teacher will **encourage infants to reach, grasp, and explore** the different textures while describing them: *“This one is soft like a cloud!”*

For older infants, the teacher may gently guide their hands over the materials, encouraging **grasping and patting movements** to strengthen fine motor skills. The teacher can ask, *“Can you touch the smooth ribbon?”* or *“Which one feels bumpy?”*

Resources/Materials	Key Vocabulary:	Support:
• Soft felt pieces • Crinkly tissue or cellophane paper • Smooth ribbons or fabric strips • Textured foam or sponges • Cardboard		

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Day 4	Topic(s)	Foundation(s)
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Infant Curriculum

	Theme: Puddle Adventure Number: 10 Letter: Ii Color: Green Shape: Trapezoid	APL4.1 Demonstrate development of social interactions during play
Indicators	Younger Infants	Older Infants
	Reach for and feel different fabrics.	Pull, grasp, and compare textures with teacher guidance.
Activity: <i>Sensory Board Fabric Feel</i> A sensory board covered in different types of fabric (silk, fleece, burlap, cotton) will be presented for exploration. The teacher will help infants feel and compare the textures , using simple descriptions like “This is soft. This one is bumpy.” Older infants may begin to rub, pull, or explore independently , enjoying the new sensations.		
Resources/Materials Sensory board (from previous day)	Key Vocabulary: Soft Touch Feel	Support: 

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Day 5	Topic(s)	Foundation(s)
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Infant Curriculum

	Theme: Puddle Adventure Number: 10 Letter: Ii Color: Green Shape: Trapezoid	APL1.2 Demonstrate interest and curiosity as a learner
Indicators		
	Younger Infants Observe and track objects moved by the teacher.	Older Infants Begin to reach for or explore different objects.
Activity: <i>Spring Sorting</i> The teacher will present two different spring-themed items (e.g., flowers and leaves) and slowly sort them into different bins while describing them: “This is a flower. I am putting it in the flower bin.” Younger infants will watch and track the movement, while older infants may begin to reach for the objects or attempt to hold them.		
Resources/Materials - Soft spring-themed objects (flowers, plush leaves) - Two small bins for sorting	Key Vocabulary: Flower Leaf Sort	Support: