



Month: March Week: 3 Subject: Approaches to Play & Learning

Day 1	Topic(s) Theme: Birds & Eggs Discovery Number: 9 Letter: Hh Color: Purple Shape: Rectangle	Foundation(s) APL1.2 Demonstrate interest and curiosity as a learner
Indicators	Younger Preschoolers	Older Preschoolers
	Can use body movements to imitate different types of bird flight.	Can describe different ways birds move and compare flight styles.
Activity: The teacher will introduce the activity by showing pictures or videos of different birds flying. Children will be asked, <i>“Do all birds fly the same way? How do their wings help them?”</i> The teacher will demonstrate different bird movements, such as gliding like an eagle, flapping quickly like a hummingbird, and hopping like a robin. Children will then have free movement time to act like birds in an open space while the teacher calls out different types of birds. The teacher will ask, <i>“How did it feel to move like a bird? Which bird was the hardest to move like?”</i> Challenge for Older Preschoolers: Older preschoolers will be encouraged to describe how different birds use their wings and create their own unique bird movement. They will also discuss which birds do not fly and how they move instead (e.g., penguins waddle, ostriches run).		
Resources/Materials • Pictures or short videos of birds flying	Key Vocabulary: Fly, wings, glide	Support:



Month: March Week: 3 Subject: Approaches to Play & Learning

Day 2	Topic(s) Theme: Birds & Eggs Discovery Number: 9 Letter: Hh Color: Purple Shape: Rectangle	Foundation(s) APL3.1 Demonstrate development of sustained attention and persistence
Indicators	Younger Preschoolers	Older Preschoolers
	Can listen to and follow simple clues to find hidden eggs.	Can use problem-solving skills to interpret and follow multi-step clues.
Activity: The teacher will hide plastic eggs around the room and provide simple verbal clues to help children search for them (e.g., "Your egg is near something blue," or "Look where we keep our books!"). Children will take turns following the clues to find their eggs. After all the eggs are found, the teacher will ask, "Was it easy or hard to find your egg? What helped you find it?" Challenge for Older Preschoolers: Older preschoolers will be encouraged to help create their own clues for a friend to follow. They will also be asked to explain how clues helped them figure out where to look.		
Resources/Materials Plastic eggs	Key Vocabulary: Find, clue, search	Support:

Month: March Week: 3 Subject: Approaches to Play & Learning



Day 3	Topic(s)		Foundation(s)	
	Theme: Birds & Eggs Discovery Number: 9 Letter: Hh Color: Purple Shape: Rectangle		APL2.1 Demonstrate development of flexible thinking during play	
Indicators	Younger Preschoolers		Older Preschoolers	
	Can experiment with different ways to toss or move a feather through the air.		Can predict how movement affects objects and adjust their technique to control the feather’s movement.	
Activity: The teacher will introduce the activity by asking, “<i>What happens when you throw a ball? Does it move the same way as a feather?</i>” Children will be given lightweight feathers and will try to toss them into the air using their hands, paper fans, or straws to make them float. The teacher will guide a discussion on why feathers move slowly compared to heavier objects and encourage children to try different tossing techniques. Challenge for Older Preschoolers: Older preschoolers will be encouraged to predict which method (hand, fan, or straw) will make the feather float the longest. They will also be asked to design their own feather tossing game using different challenges (e.g., “Can you land your feather on a target?”).				
Resources/Materials		Key Vocabulary:		Support:
- Feathers - Paper fans or handheld fans - Straws		Float, light, toss		

Month: March Week: 3 Subject: Approaches to Play & Learning

Day 4	Topic(s)	Foundation(s)
-------	----------	---------------



	Theme: Birds & Eggs Discovery Number: 9 Letter: Hh Color: Purple Shape: Rectangle	APL4.1 Demonstrate development of social interactions during play
Indicators	Younger Preschoolers	Older Preschoolers
	Can take turns blowing feathers and observe how they move.	Can work with a partner to experiment with different ways to make the feather move.
Activity: The teacher will give each child a lightweight feather and ask, <i>"What do you think will happen if you blow on it?"</i> Children will take turns blowing their feathers into the air and watching them float. The teacher will then introduce a partner challenge: working together to blow a feather back and forth across a table. The teacher will ask, <i>"What happens when you blow harder? What happens when you blow softly?"</i> Challenge for Older Preschoolers: Older preschoolers will be encouraged to experiment with different techniques (e.g., using a straw, fanning with their hands) to see how air moves the feather. They will also work together to keep a feather floating in the air as long as possible.		
Resources/Materials	Key Vocabulary:	Support:
• Lightweight feathers • Straws (optional)	Blow, light, float	

Month: March Week: 3 Subject: Approaches to Play & Learning

Day 5	Topic(s)	Foundation(s)
-------	----------	---------------



	Theme: Birds & Eggs Discovery Number: 9 Letter: Hh Color: Purple Shape: Rectangle	APL1.1 Demonstrate initiative and self-direction
Indicators	Younger Preschoolers	Older Preschoolers
	Can balance an object while moving carefully.	Can use problem-solving strategies to adjust their balance and movement.
Activity: The teacher will introduce the challenge by asking, <i>"Can you carry an egg like a bird does?"</i> Children will be given small plastic eggs and a spoon and will practice balancing the egg while walking carefully across a short distance. After a few practice rounds, the teacher will add a fun twist by creating an obstacle course where children must step over small objects or walk in a zigzag line while balancing their eggs. The teacher will encourage them to go slowly and focus on keeping the egg steady. Challenge for Older Preschoolers: Older preschoolers will be encouraged to balance the egg on different objects (e.g., on their hands, shoulders, or even their heads). They will also be asked to race against a partner while keeping their egg steady.		
Resources/Materials	Key Vocabulary:	Support:
- Plastic eggs - Spoons or small trays for balancing	Balance, careful, steady	