



Month: May Week: 3 Subject: Physical Health & Growth

Day 1	Topic(s) Theme: Nature's Backyard Number: 15 Letter: Nn Color: Brown Shape: Circle	Foundation(s) PHG2.1 Demonstrate how the five senses support processing information
Indicators	Younger Infants	Older Infants
	May lift head or follow visuals with eyes.	May push up or reach for cards.
Activity: Nature Card Tummy Time Lay out colorful nature image cards during tummy time. Encourage lifting, pushing, and reaching for the pictures. Name what they see to build sensory and movement awareness.		
Resources/Materials Laminated nature picture cards	Key Vocabulary: tree, sky, flower	Support:



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Day 2	Topic(s)	Foundation(s)
	Theme: Nature's Backyard Number: 15 Letter: Nn Color: Brown Shape: Circle	PHG3.1 Demonstrate development of fine and gross motor coordination
Indicators	Younger Infants	Older Infants
	May roll toward or swat at ball.	May crawl or scoot to retrieve ball.
Activity: Nature Ball Movement Place balls decorated with nature images just out of reach. Encourage infants to push, crawl, or stretch toward them. Say, "Go get the ball!" to support motivation and motor skill development.		
Resources/Materials Soft balls with leaf or animal visuals	Key Vocabulary: roll, go, ball	Support:

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Infant Curriculum

Day 3	Topic(s)		Foundation(s)	
	Theme: Nature’s Backyard Number: 15 Letter: Nn Color: Brown Shape: Circle		PHG2.2 Demonstrate development of body awareness and physical activity	
Indicators	Younger Infants		Older Infants	
	May stretch arms during sit time.		May shift and reach between targets.	
Activity: Circle Stretch and Reach Place circle-shaped mats or items around the infant. Encourage them to reach or scoot from one to the next. Use colors and words to guide movement and stimulate balance and coordination.				
Resources/Materials Circle mats or targets		Key Vocabulary: reach, circle, stretch		Support:

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Day 4	Topic(s)	Foundation(s)
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Infant Curriculum

	Theme: Nature's Backyard Number: 15 Letter: Nn Color: Brown Shape: Circle	PHG2.2 Demonstrate development of body awareness and physical activity
Indicators	Younger Infants	Older Infants
	May rock with support or adult cue.	May bounce independently or imitate adult.
Activity: Nature Rock and Bounce Take infants outside and gently rock or bounce them on a soft surface or caregiver's lap. Use music or rhythm to guide movement. Link calm physical movement with outdoor sensory experiences like wind or sound.		
Resources/Materials Blanket or soft mat outdoors	Key Vocabulary: rock, bounce, outside	Support:

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Day 5	Topic(s)	Foundation(s)
	Theme: Nature's Backyard	PHG2.2 Demonstrate development of



Infant Curriculum

	Number: 15 Letter: Nn Color: Brown Shape: Circle	body awareness and physical activity
Indicators	Younger Infants	Older Infants
	May crawl behind or watch others move.	May crawl along a line or follow music cues.
Activity: Bug Parade Movement Create a simple bug parade crawl using soft bug toys as visual guides. Play music and encourage infants to crawl along or move toward each toy. Celebrate participation with applause and repetition.		
Resources/Materials • Bug toys • Soft crawling space	Key Vocabulary: bug, crawl, go	Support: