



Month: May Week: 3 Subject: Student Wellbeing

Day 1	Topic(s)		Foundation(s)	
	Theme: Nature’s Backyard Number: 15 Letter: Nn Color: Brown Shape: Circle		SW1.1 Demonstrate self-awareness and confidence	
Indicators				
	Younger Infants		Older Infants	
	May track or smile at floating bubbles.		May reach for, pop, or squeal at bubbles.	
Activity: Bubble Play Time Blow bubbles slowly and let them float down near the infants. Encourage tracking, reaching, and popping while describing the bubbles as “floaty,” “round,” or “pop!” Celebrate expressions and emotional responses as part of social-emotional learning.				
Resources/Materials Bubble solution and wand		Key Vocabulary: bubble, pop, float		Support:



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Day 2	Topic(s) Theme: Nature's Backyard Number: 15 Letter: Nn Color: Brown Shape: Circle	Foundation(s) SW1.1 Demonstrate self-awareness and confidence
Indicators	Younger Infants	Older Infants
	May look at mirror image or smile at reflection.	May copy facial expressions or gestures.
Activity: Mirror Emotions Use a baby-safe mirror and show happy, surprised, or calm faces while describing each emotion. Say, "You're smiling!" or "Let's make a silly face!" Encourage infants to explore their own face and respond to the adult's emotional tone.		
Resources/Materials Baby-safe mirror	Key Vocabulary: happy, face, look	Support:

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Infant Curriculum

Day 3	Topic(s)		Foundation(s)	
	Theme: Nature’s Backyard Number: 15 Letter: Nn Color: Brown Shape: Circle		SW2.1 Demonstrate self-control	
Indicators	Younger Infants		Older Infants	
	May coo or giggle at soft movement.		May take turns or wait for a turn to roll toy.	
Activity: Turn-Taking Plush Game				
Roll or pass soft animals back and forth while saying the infant’s name. Pause and smile before giving the toy to model early turn-taking. Encourage gentle movement and wait time to promote control and shared interaction.				
Resources/Materials Plush animals or soft balls		Key Vocabulary: wait, roll, soft		Support:

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Day 4	Topic(s)	Foundation(s)
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Infant Curriculum

	Theme: Nature's Backyard Number: 15 Letter: Nn Color: Brown Shape: Circle	SW1.2 Demonstrate identification and expression of emotions
Indicators	Younger Infants	Older Infants
	May relax or calm during quiet repetition.	May respond to deep breaths or consistent patterns.
Activity: Breathe and Bubble Blow bubbles slowly again, this time modeling slow breathing: "Breathe in... blow out..." while releasing bubbles. Encourage infants to watch, follow, or copy your calm tone and rhythm. Use soft music or nature sounds to maintain a peaceful atmosphere.		
Resources/Materials - Bubble wand and solution - Optional calming music	Key Vocabulary: breathe, slow, bubble	Support:

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Day 5	Topic(s)	Foundation(s)
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Infant Curriculum

	Theme: Nature's Backyard Number: 15 Letter: Nn Color: Brown Shape: Circle	SW1.1 Demonstrate self-awareness and confidence
Indicators	Younger Infants	Older Infants
	May vocalize or smile while interacting with the ball.	May share space or roll ball with others.
Activity: Gentle Ball Play Encourage infants to roll soft balls back and forth across a mat. Use phrases like "Your turn!" and "Let's share!" to model interaction and joyful engagement. Celebrate moments of connection with claps, cheers, or smiles to support bonding and confidence.		
Resources/Materials Soft balls or sensory balls	Key Vocabulary: roll, share, ball	Support: