



Month: May Week: 4 Subject: Student Wellbeing

Day 1	Topic(s) Theme: Safety First Number: 16 Letter: Oo Color: Red Shape: Star	Foundation(s) SW1.2 Demonstrate identification and expression of emotions
Indicators	Younger Infants	Older Infants
	Looks at faces or responds to emotional tone in voice.	Shows expression (smile, frown) when seeing happy or sad face visuals.
Activity: Feelings Face Mirror Time Show infants laminated cards of happy, sad, or sleepy faces. Use the mirror to help infants see their own expression. Pair with emotional words: “You look happy!” or “That’s a sad face.”		
Resources/Materials Feelings face cards, mirror	Key Vocabulary: happy, sad, face, look, feel	Support:



Month: May Week: 4 Subject: Student Wellbeing

Day 2	Topic(s) Theme: Safety First Number: 16 Letter: Oo Color: Red Shape: Star	Foundation(s) SW1.1 Demonstrate self-awareness and confidence
Indicators	Younger Infants	Older Infants
	Cuddles with familiar toy or object.	Seeks comfort object or shows preference for familiar routine.
Activity: Cuddle with Safety Plush Offer each infant a familiar soft plush toy during quiet play or transition. Describe what they're holding: "Your soft bear helps you feel safe." This supports early self-soothing and emotional awareness.		
Resources/Materials Soft plush toys, calming area	Key Vocabulary: safe, soft, cuddle, bear, mine	Support:

Month: May Week: 4 Subject: Student Wellbeing



Infant Curriculum

Day 3	Topic(s)		Foundation(s)	
	Theme: Safety First Number: 16 Letter: Oo Color: Red Shape: Star		SW2.1 Demonstrate self-control	
Indicators	Younger Infants		Older Infants	
	Visually follows a moving scarf or listens quietly to calming voice.		Mimics slow breathing or holds scarf gently during calm activity.	
Activity: Breathing with Scarves Guide infants in slow scarf play, saying “Breathe in... and out...” while waving scarves up and down. Use this during transitions or after a busy moment to support regulation and rhythm.				
Resources/Materials Light scarves or tissues, calm voice		Key Vocabulary: breathe, slow, in, out, calm		Support:

Month: May Week: 4 Subject: Student Wellbeing

Day 4	Topic(s)		Foundation(s)	
	Theme: Safety First		SW4.1 Demonstrate relationship skills	



Infant Curriculum

	Number: 16 Letter: Oo Color: Red Shape: Star	
Indicators	Younger Infants	Older Infants
	Looks toward caregiver or preferred adult photo.	Reaches for, smiles at, or vocalizes to a familiar person or image.
Activity: Safe Adult Matching Show pictures of familiar caregivers or classroom helpers. Name each one and say “This person helps us feel safe.” Encourage infants to point, touch, or hold the images to strengthen trust and recognition.		
Resources/Materials Laminated photos of familiar adults, photo board or binder	Key Vocabulary: safe, teacher, mommy, helper, love	Support:

Month: May Week: 4 Subject: Student Wellbeing

Day 5	Topic(s)	Foundation(s)
	Theme: Safety First Number: 16	SW3.1 Demonstrate conflict resolution SW4.1 Demonstrate relationship skills



Infant Curriculum

	Letter: Oo Color: Red Shape: Star	
Indicators	Younger Infants	Older Infants
	Listens to group song or notices peers nearby.	Smiles, babbles, or gently interacts with a peer during activity.
Activity: “I Feel Safe” Circle Time Gather infants for a group song using soft touches and a plush toy passed around. Say, “We’re all safe here,” as each child receives a turn. Encourage smiles, eye contact, and warmth between children and adults.		
Resources/Materials	Key Vocabulary:	Support:
Plush toy, gentle group song	safe, turn, gentle, soft, smile	