Month: December Week: 1 Subject: Creative Arts

<table>
<tr><td>Day 1</td><td>
<table>
<tr><td>Topic(s)</td><td>Foundation(s)</td></tr>
<tr><td>Theme: Gingerbread Man
Number: 17
Letter: Mm
Color: Silver
Shape: Rhombus</td><td>CA3.1 Demonstrate creative expression through the visual art process or experience</td></tr>
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<tr><td>Indicators</td><td>
<table>
<tr><td>Younger Infants</td><td>Older Infants</td></tr>
<tr><td>May relax hand or foot while the adult gently presses it onto the paper and look at the finished print.</td><td>May watch the painting process, lift or move hand/foot, and look between the paint and the paper.</td></tr>
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Activity: Handprint or Footprint Art (Adult-Led)

Seat or recline infants safely and work one-on-one. Gently paint the bottom of the baby's hand or foot with a small amount of washable, non-toxic paint using a soft brush or sponge, talking about what you are doing ("Tickle-tickle paint on your foot"). Press the hand or foot onto sturdy paper to make a print, then immediately wipe clean with a warm, damp cloth. Show the finished print and label it: "This is your hand." For older infants, let them watch you make a second print and hold the paper where they can see it while you describe the colors and shapes.

Resources/Materials	Key Vocabulary:	Support:
• Washable, non-toxic tempera paint • Soft paintbrush or small sponge • Sturdy paper or cardstock	hand, foot, paint	

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Day 2	Topic(s)	Foundation(s)
	Theme: Gingerbread Man Number: 17 Letter: Mm Color: Silver Shape: Rhombus	CA3.1 Demonstrate creative expression through the visual art process or experience

Indicators

Younger Infants	Older Infants
May pat or press the bag and watch the paint move under their hand.	May push, rub, or scratch the bag and notice how colors mix or spread.

Activity: Sealed Paint Bag Color Swish

Prepare flat zipper bags with small amounts of two paint colors inside (air squeezed out and edges taped for safety). Place a bag on a tray or the floor in front of an infant and gently guide their hands to press and pat the surface, saying “Press… squish.” Talk about what happens as they move the paint around (“The red and yellow are moving,” “Look, swish!”). For older infants, encourage rubbing motions and point out any new color that appears if paints blend. When they’re finished, display the bags or use them again later for more sensory art exploration.

Resources/Materials	Key Vocabulary:	Support:
• Sturdy zipper-seal plastic bags (well-sealed and edges taped) • Small amounts of washable tempera paint in 1-2 colors	squish, color, move	

Month: December Week: 1 Subject: Creative Arts

Day 3	Topic(s)	Foundation(s)
	Theme: Gingerbread Man Number: 17 Letter: Mm Color: Silver Shape: Rhombus	CA1.1 Demonstrate creative music expression CA2.1 Demonstrate creative movement expression

Indicators

Younger Infants	Older Infants
May grasp a ribbon ring with support, shake arms slightly, or watch the ribbons move.	May wave or shake ribbon rings in different directions and move body to the beat.

Activity: Ribbon Rings Shake & Wave to Music

Offer infants soft ribbon rings (sturdy rings with securely attached ribbons). Start a short, gentle song or instrumental music and model waving and shaking your ribbon ring up, down, and side to side. Place a ring in the infant's hand or help them grasp it, then support their arm as they move it to the music. Talk about the motion ("Shake, shake," "Up," "Down") and let older infants explore waving or banging the ring on the mat to see the ribbons dance. Keep the music calm and the activity short, following each child's interest level.

Resources/Materials	Key Vocabulary:	Support:
● Infant-safe ribbon rings (ribbons securely attached, no loose threads)	shake, wave, music	

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Day 4	Topic(s)	Foundation(s)
	Theme: Gingerbread Man Number: 17 Letter: Mm Color: Silver Shape: Rhombus	CA1.1 Demonstrate creative music expression CA2.1 Demonstrate creative movement expression

Indicators

Younger Infants	Older Infants
May listen and watch as the teacher taps the drum and may briefly pat it with hand support.	May tap or pat the drum independently, vary the strength of taps, and smile or vocalize with the sounds.

Activity: Floor Drum Music Time with Hands

Place a large floor drum or sturdy hand drum in the center of a soft mat. Sit infants around it where they can comfortably reach. Start by gently tapping the drum with your hands in a slow pattern ("tap-tap… tap-tap") and invite babies to touch the surface. Help younger infants bring their hands down to feel the vibration and hear the sound. Encourage older infants to try their own taps, praising soft and strong beats: "You made a big sound!" Take turns around the drum, letting children explore at their own pace.

Resources/Materials	Key Vocabulary:	Support:
• Large floor drum or sturdy, infant-safe hand drum	tap, drum, loud	

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<table>
<tr><td>Day 5</td><td>Topic(s)
Theme: Gingerbread Man
Number: 17
Letter: Mm
Color: Silver
Shape: Rhombus

Foundation(s)
CA1.1 Demonstrate creative music expression
CA2.1 Demonstrate creative movement expression</td></tr>
<tr><td>Indicators</td><td><table><tr><th>Younger Infants</th><th>Older Infants</th></tr><tr><td>May hold or touch an instrument and listen as the teacher models simple sounds.</td><td>May shake, tap, or slide instruments in different ways to create their own sounds and rhythms.</td></tr></table></td></tr>
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Activity: Instrument Exploration: Shakers, Drums, Xylophone Bars
Set up a small “music corner” with a few infant-safe instruments: large maraca-style shakers, a soft drum, and a sturdy xylophone or tone bars with an easy-grip mallet (used with close supervision). Introduce each instrument one at a time, modeling how to make a sound-shake, tap, or gently strike and then invite infants to explore. Sit close to support safe use and follow the child’s lead: some may prefer just holding the shaker, others may joyfully bang the drum or tap the bars. Describe what they are doing (“You’re shaking,” “You’re tapping the bar”) and enjoy a short, free-play “music time” together.

Resources/Materials	Key Vocabulary:	Support:
• Infant-safe shakers (large, sealed) • Soft-hand or floor drum	shake, tap, sound	